

SINGLE OILS

BLACK SPRUCE ~ Grounds and comforts my physical body, allowing me to be open to spiritual feelings.

Emotions Addressed:

1. Lethargic
2. Feel Defeated
3. Ungrounded
4. Lack of Support

Classification: Enhancer, Modifier

BLUE TANSY ~ Opens pathways for intuition to support integrity and structure in my life and future generations.

Emotions Addressed:

1. Feeling rejected
2. Insecure
3. Turbulent Feelings
4. Fear

Classification: Equalizer and Modifier

BUDDHA WOOD ~ Brings grounding, creating stability to stay in the present, increasing mindfulness and lasting peace.

Emotions Addressed:

1. Lack of Stability
2. Feeling Unsafe
3. Insincere
4. Inhibited

Classification: Modifier

CELERY SEED ~ Resolves and releases fatherhood issues, instilling tenderness and strength of heart, promoting self-acceptance.

Emotions Addressed:

1. Anger/heart/father/God
2. Not enough
3. Tired
4. Unworthy

CLEMENTINE ~ Assists me to look to the future with joy and patience as I am perfected.

Emotions Addressed:

1. Weepy
2. Foggy
3. Closed Minded
4. Feeling Unloved

Classifications: Personifier and Enhancer

CITRONELLA ~ Relaxing to my body and mind inviting light and hope into my life.

Emotions Addressed:

1. Moody
2. Fatigue
3. Sadness
4. Anxiety

Classifications: Personifier and Equalizer

COPAIBA ~ Soothes and calms my nerves, Allowing me to live life to the fullest.

Emotions Addressed:

1. Anxiety
2. Not good enough
3. Remorse
4. Paralyzed

Classifications: Enhancer and Modifier

GREEN MANDARIN ~ Opens all pathways allowing good to flow in me, soothing and uplifting my mind, body and spirit.

Emotions Addressed:

1. Faithless
2. Vulgar
3. Disrespectful
4. Lack of conviction

Classifications: Enhancer

HINOKI~ Ground and relaxes the body and mind giving room for potential and opportunities to flood in.

Emotions Addressed:

1. Unimportant
2. Insecure
3. Uncompromising
4. Scattered

Classifications: Equalizer

LAUREL LEAF ~ Brings courage to concentrate and focus when faced with new and challenging ideas.

Emotions Addressed:

1. Brain fog
2. Lack of Focus
3. Fearful
4. Emotional Interference

Classifications: Equalizer and Modifier

LEMON EUCALYPTUS~ Refreshes and stimulates the body and mind, improving concentration, opening the heart and intellect while equalizing emotions.

Emotions Addressed:

1. Tired
2. Overworked
3. Overstressed
4. Sorrow

Classifications: Personifier and Equalizer

LEMON MYRTLE ~ Assists me to relax, inviting a course correction with divine help.

Emotions Addressed:

1. Uptight
2. Unhappy
3. Lack of energy
4. Useless

Classifications: Equalizer

LITSEA ~ Assists me to let go and accept divine help, which promotes feelings of balance.

Emotions Addressed:

1. Lack of Trust
2. Anxiety
3. Insecure
4. Irritability

Classifications: Modifier

MAGNOLIA ~ Brings balance and comfort to male/female relationships, increasing compassion and awareness.

Emotions Addressed:

1. Insensible
2. Fearful
3. Giving up
4. Lack of confidence

Classifications: Equalizer and Modifier

MANUKA ~ Centers and ground me in love, promoting courage and inner strength.

Emotions Addressed:

1. Anxiety
2. Tention
3. Depression
4. Anger

Classifications: Enhancer and Modifier

NEROLI ~ Awakens my ability to stay in the present, with power of an open heart.

Emotions Addressed:

1. Stuck in the past
2. Scattered
3. Hopeless
4. Powerless

Classifications: Modifier

PINK PEPPER ~ Brings order to my spirit, inviting the grace of God to abide with me.

Emotions Addressed:

1. Lack of Understanding
2. Proud
3. Agitated
4. Ungrateful

Classifications: Personifier and Modifier

RAVINTSARA ~ Invites me to be grateful by showing consideration to others, opening the flow of abundance to the giver and the receiver.

Emotions Addressed:

1. Stuck
2. Bored
3. Feeling Blue
4. Sad

Classifications: Modifier

SIBERIAN FIR ~ Brings relief to the difficulties of daily living, promoting relaxed and calm feelings.

Emotions Addressed>

1. Worry
2. Stressed
3. Driven
4. Overworked

Classifications: Enhancer and Equalizer

SUMMER SAVORY ~ Allows me to nurture self, with love and compassion so that I can fully share that with others.

Emotions Addressed:

1. Giving up
2. Mental Breakdown
3. Extreme Stress
4. Mental Exhaustion

Classifications: Equalizer and Modifier

TURMERIC ~ Floods my soul with joy and abundance that will abide with me forever and it is so.

Emotions Addressed:

1. Useless
2. Unconscious
3. Superficial
4. Lack of abundance

Classifications; Equalizer and Modifier

YELLOW MANDARIN ~ Brings a sense of calm, contentment and well-being, which invites forgiveness for others so that I can move on.

Emotions Addressed:

1. Uptight
2. Unforgiving
3. Stuck in the past
4. Paralyzed

Classifications: Enhancer and Modifier

YARROW/POM ~ Allows me to choose love as my glory to heal my emotional trauma.

Emotions Addressed:

1. Embarrassed
2. Fragmented
3. Closed Minded
4. Feeling Unloved

Classification: Equalizer and Modifier

BLENDS

This is a very powerful Blend. I had to break it down to get the complete picture of the emotions being addressed and the Affirmation that would reprogram all the emotions,

CALMING ~ ADAPTIVE ~ Allows me to claim all that life has to offer, I have better communications that are soothing and calming to my nerves, I can share ideas with clarity and confidence while showing forth compassion and awareness. This brings self-confidence and the ability to stay in the present, feeling protected.

Emotions Addressed:

1. Lack of opportunities
2. Fear of rejection
3. Not good enough
4. Fear of public speaking
5. Fearful
6. Difficulty adjusting
7. Stuck in the past
8. Feeling unprotected

AMAVI ~ Strengthens my inner courage, connecting my spiritual and physical bodies, bringing mindfulness and lasting peace.

Emotions Addressed:

1. Uncomfortable
2. Feeling accused
3. Unimportant
4. Depressed

CENTERING ~ ALIGN ~ Opens my awareness to my divine worth and abilities to succeed.

Emotions Addressed:

1. Lack of Self-worth
2. Lack of trust
3. Self-doubt
4. Self-judgment

ENLIGHTENING ~ ARISE ~ Enables me to have clarity as I pursue my goals with courage and happiness.

Emotions Addressed:

1. Doubt
2. Unhappiness
3. Listless
4. Depressed

HOPE ~ Brings light from the Divine to provide healing from traumas of the heart, mind, and body, allowing hope and courage to love self without judgment.

Emotions Addressed:

1. Despair
2. Sadness
3. Unprotected
4. Darkness

STEADING ~ ANCHOR ~ Brings courage to be steadfast in my goals and aspirations.

Emotions Addressed:

1. Uprooted
2. Disorganized
3. Faint-hearted
4. Displaced

SPRINGTIME ~ CITRUS BLOOM ~ Allows me the freedom to have compassion and respect for self as I move forward in faith.

Emotions Addressed:

1. Scarcity
2. Fear of rejection
3. Feeling disheartened
4. Lack of confidence

SUMMER ~ ISLAND MINT ~ Brings courage, joy and happiness fostering self-acceptance and forgiveness of self.

Emotions Addressed:

1. Grief
2. Lack of energy
3. Avoidance
4. Sadness

KIDS COLLECTION

BRAVE ~ Brings confidence and courage to believe in myself, which makes me happy.

Emotions Addressed:

1. Dreary
2. Self-doubt
3. Scattered
4. Unhappy

CLAMER ~ Quiets my mind, bringing courage knowing I am never alone.

Emotions Addressed:

1. Insecure
2. Lack of support
3. Scared
4. Lack of trust

RESCUER ~ Calms and soothes my nerves, I can share my true self with confidence.

Emotions Addressed:

1. Shy
2. Paralyzed
3. Feeble
4. Not capable

STEADY ~ Helps my heart to calm, allowing my mind to stay alert and focused.

Emotions Addressed:

1. Overwhelmed
2. Unstable
3. Giving up
4. Tired

STRONGER ~ Which shines light on me, inviting me to receive help from above.

Emotions Addressed:

1. Irritability
2. Anxiety
3. Fatigued
4. It is impossible

TAMER ~ Allows me to release anxious feelings, bringing peace and inner strength.

Emotions Addressed:

1. Fatigue
2. Anxiety
3. Worthless
4. Suffering

THINKER ~ Heals my heart which enables me to be focused and stay in the present.

Emotions Addressed:

1. Sadness
2. Lack of Focus
3. Confusion
4. Mental Stress

CLASSIFICATIONS

Personifier

Column 1

1. Birch
2. Cardamom
3. Cassia
4. Cinnamon
5. Citronella
6. Clary Sage
7. Clementine
8. Clove
- 9.
- 10.

Column 2

1. Coriander
2. Ginger
3. H. Sandalwood
4. Helichrysum
5. Patchouli
6. Peppermint
7. Petitgrain
8. Lemon Eucalyptus
- 9.
- 10.

Column 3

1. Rm. Chamomile
2. Rose
3. Spearmint
4. Tangerine
5. Wild Orange
6. Wintergreen
7. Ylang Ylang
8. Pink Pepper
- 9.
- 10.

CLASSIFICATIONS

ENHANCER

- | | | |
|---------------|-----------------|------------------|
| 1. Arbovitai | 1. Gr Mandarin | 1. Oregano |
| 2. Basil | 2. Frankincense | 2. Patchouli |
| 3. Bergamot | 3. Geranium | 3. Petitgrain |
| 4. Birch | 4. Grapefruit | 4. Rm Chamomile |
| 5. BK Spruce | 5. Jasmine | 5. Rose |
| 6. Cassia | 6. Lavender | 6. Rosemary |
| 7. Cedarwood | 7. Lemon | 7. Siberian Fir |
| 8. Cilantro | 8. Lemongrass | 8. Thyme |
| 9. Clementine | 9. Lime | 9. Wild Orange |
| 10. Copaiba | 10. Manuka | 10. Wintergreen |
| 11. Cumin | 11. Marjoram | 11. Yel Mandarin |
| 12. Dill | 12. Tea Tree | 12. |
| 13. | 13. | 13. |
| 14. | 14. | 14. |

CLASSIFICATIONS

EQUALIZER

1. Arbovitae	1. Jasmine	1. Oregano
2. Basil	2. Juniper Berry	2. Red Mandrain
3. Birch	3. Kumquat	3. Rm. Chamomile
4. Blue Tansy	4. Lavender	4. Rose
5. Bergamot	5. Laurel Leaf	5. Sandalwood
6. Cedarwood	6. Lemongrass	6. Spikenard
7. Citronella	7. Lemon Myrtle	7. Summer Savory
8. Cypress	8. Lemon Eucalyptus	8. Thyme
9. Douglas Fir	9. Lime	9. Vetiver
10. Fennel	10. Magnolia	10. Yarrow/Pom
11. Frankincense	11. Marjoram	11.
12. Geranium	12. Tea Tree (Mel)	12.
13. Hinoki	13. Myrrh	13.
14. Ginger	14. Oregano	14.

CLASSIFICATIONS

MODIFIER

1. Bergamot	1. H. Sandalwood	1. Petitgrain
2. BK Spruce	2. Jasmine	2. Pink Pepper
3. Blue Tansy	3. Laurel Leaf	3. Ravintsara
4. Buddha Wood	4. Lavender	4. Rose
5. Cardamom	5. Lemon	5. Sandalwood
6. Celery Seed	6. Litsea	6. Summer Savory
7. Copaiba	7. Magnolia	7. Tangerine
8. Coriander	8. Melissa	8. Turmeric
9. Eucalyptus	9. Manuka	9. Yarrow/Pom
10. Fennel	10. Myrrh	10. Yel Mandarin
11. Grapefruit	11. Neroli	11. Ylang Ylang
12.	12.	12.
13.	13.	13.
14.	14.	14.