

SINGLE OILS

BLACK SPRUCE ~ Grounds and comforts my physical body, allowing me to be open to spiritual feelings

Emotions Addressed:

1. Lethargic
2. Feel Defeated
3. Ungrounded
4. Lack of Support

Classification: Enhancer, Modifier

BLUE TANSY ~ Opens pathways for intuition to support integrity and structure in my life and future generations.

Emotions Addressed:

1. Feeling rejected
2. Insecure
3. Turbulent feelings
4. Fear

Classification: Equalizer and Modifier

BUDDHA WOOD ~ Brings grounding, creating stability to stay in the present, increasing mindfulness and lasting peace.

Emotions Addressed:

1. Lack of stability
2. Feeling Unsafe
3. Insincere
4. Inhibited

Classification: Modifier

CELERY SEED ~ Resolves and releases Fatherhood issues, Instilling tenderness and strength of heart, promoting self-acceptance.

Emotions Addressed:

1. Anger/heart/father/God
2. Not enough
3. Tired
4. Unworthy

Classification: Modifier

CITRONELLA: ~ Relaxing to my body and mind inviting light and hope into my life.

Emotions Addressed:

1. Moody
2. Fatigue
3. Sadness
4. Anxiety

Classification: Personifier, Equalizer

CLEMENTINE ~ Assists me to look to the future with joy and patience as I am perfected.

Emotions Addressed:

1. Weepy
2. Foggy
3. Closed Minded
4. Feeling unloved

Classification: Personifier and Enhancer

COPAIBA ~ Soothes and calms my nerves, allowing me to live life to the fullest.

Emotions Addressed:

1. Anxiety
2. Not good enough
3. Remorse
4. Paralyzed

Classification: Enhancer and Modifier

GREEN MANDARIN ~ Opens all pathways for good to flow in me, soothing and uplifting my body, mind, and spirit

Emotions Addressed:

1. Faithless
2. Vulgar
3. Disrespectful
4. Lack of conviction

Classification: Enhancer

HINOKIL ~ Grounds and relaxes the body and mind, giving room for potential and opportunities to flood in.

Emotions Addressed:

1. Unimportant
2. Insecure
3. Uncompromising
4. Scattered

Classification: Equalizer

LAUREL LEAF ~ Brings courage to concentrate and focus when faced with new and challenging ideas.

Emotions Addressed:

1. Brain fog
2. Lack of focus
3. Fearful
4. Emotional interference

Classification: Equalizer, Modifier

LEMON EUCALYPTUS ~ Refreshes and stimulates the body and mind, improving concentration, opening the heart and intellect while equalizing emotions.

Emotions Addressed:

1. Tired
2. Overworked
3. Overstressed
4. Sorrow

Classification: Personifier, Equalizer

LEMON MYRTLE ~ Assists me to relax, inviting a course correction with divine help.

Emotions Addressed:

1. Uptight
2. Unhappy
3. Lack of energy
4. Useless

Classification: Equalizer

LITSEA ~ Assists me to let go and accept divine help, which promotes feelings of balance.

Emotions Addressed:

1. Lack of trust
2. Anxiety
3. Insecure
4. Irritability

Classification: Modifier

MAGNOLIA ~ Brings balance and comfort to male/female relationships, increasing compassion and awareness.

Emotions Addressed:

1. Insensible
2. Fearful
3. Giving up
4. Lack of confidence

Classification: Equalizer and Modifier

MANUKA ~ Centers and ground me in love, promoting courage and inner strength.

Emotions Addressed:

1. Anxiety
2. Tension
3. Depression
4. Anger

Classification: Enhancer and Modifier

NEROLI ~ Awakens my ability to stay in the present, with the power of an open heart.

Emotions Addressed:

1. Stuck in the past
2. Scattered
3. Hopeless
4. Powerless

Classification: Modifier

PINK PEPPER ~ Brings order to my spirit, inviting the grace of God to abide with me.

Emotions Addressed:

1. Lack of Understanding
2. Proud
3. Agitated
4. Ungrateful

Classification: Personifier and Modifier

SUMMER SAVORY ~ Allow me to nurture self, with love and compassion so that I can fully share that with others.

Emotions Addressed:

1. Giving up
2. Mental Breakdown
3. Extreme Stress
4. Mental Exhaustion

Classification: Equalizer and Modifier

SIBERIAN FIR ~ Brings relief to the difficulties of daily living, promoting relaxed and calm feelings

Emotions Addressed:

1. Worry
2. Stress
3. Driven
4. Overworked

Classification: Enhancer and Equalizer

TURMERIC ~ Floods my soul with joy and abundance that will abide with me forever and it is so.

Emotions Addressed:

1. Useless
2. Unconscious
3. Superficial
4. Lack of abundance

Classification: Equalizer and Modifier

YARROW/POM ~ Allows me to choose love as my glory to heal my emotional traumas.

Emotions Addressed:

1. Embarrassed
2. Fragmented
3. Closed Minded
4. Feeling Unloved

Classification: Equalizer and Modifier

YELLOW MANDARIN ~ Brings a sense of calm, contentment and wellbeing that invites forgiveness of others so that I can move on.

Emotions Addressed:

1. Uptight
2. Unforgiving
3. Stuck in the Past
4. Paralyzed

Classification: Enhancer and Modifier

BLENDS:

This is a very powerful Blend. I had to break it down to get the complete picture of the emotions being addressed and the Affirmation that would reprogram all the emotions.

CALMING BLEND-ADAPTIV ~ Allows me to claim all that life has to offer, I have better communications that are soothing and calming to my nerves. I can share ideas with clarity and confidence while showing forth compassion and awareness. Which brings self-confidence and the ability to stay in the present, feeling protected.

Emotions Addressed.

1. Lack of opportunities
2. Fear of rejection
3. Not Good Enough
4. Fear of Public Speaking
5. Fearful
6. Difficulty Adjusting
7. Stuck in the Past
8. Feeling unprotected

AMAVI BLEND ~ Strengthens my inner courage, connecting my spiritual and physical bodies, bringing mindfulness and lasting peace.

Emotions Addressed:

1. Uncomfortable
2. Feeling Accused
3. Unimportant
4. Depression

CENTERING BLEND-Align ~ Opens my awareness to my divine worth and abilities to succeed.

Emotions Addressed:

1. Lack of Self-worth
2. Lack of trust
3. Self-doubt
4. Self-judgment

ENLIGHTENING BLEND-Arise ~ Enables me to have clarity as I pursue my goals with courage and happiness

Emotions Addressed:

1. Doubt
2. Unhappiness
3. Listless
4. Depressed

HOPE ~ Brings light from the Divine to provide healing from traumas of the heart, mind, and body, allowing hope and courage to love self without judgment.

Emotions Addressed:

1. Despair
2. Sadness
3. Unprotected
4. Darkness

STEADYING BLEND-Anchor ~ Brings courage to be steadfast in my goals and aspirations.

Emotions Addressed:

1. Uprooted
2. Disorganized
3. Faint-hearted
4. Displaced

SRINGTIME BLEND-Citrus Bloom ~ Allows me the freedom to have compassion and respect for self as I move forward in faith.

Emotions Addressed:

1. Scarcity
2. Fear of rejection
3. Feeling disheartened
4. Lack of confidence

SUMMER BLEND-Island Mint ~ Brings courage, joy, and happiness, fostering self-acceptance and forgiveness to self.

Emotions Addressed:

1. Grief
2. Lack of energy
3. Avoidance
4. Sadness